

# **2015 District Track & Field Meet**

@ Winton Woods High School

**Wednesday May 20<sup>th</sup>**

**Field Events begin @ 4:00 pm**

**Running Events begin @ 5:30 pm**

## **Boys**

Pole Vault  
Long Jump  
Discus

## **Girls**

Shot Put  
High Jump

- |   |  |
|---|--|
| 1. Girls 4 x 800m Relay Finals          | 13. Girls 400m Dash Semis *              |
| 2. Boys 4 x 800m Relay Finals           | 14. Boys 400m Dash Semis *               |
| 3. Girls 100m 33 inch Hurdles Semis*    | 15. Girls 300m 30 inch                   |
| 4. Boys 110m 39 inch Hurdles Semis *    | 16. Boys 300m 36 inch Hurdles Semis *    |
| 5. Girls 100m Dash Semis *              | 17. Girls 800m Run Semis                 |
| 6. Boys 100m Dash Semis *               | 18. Boys 800m Run Semis                  |
| 7. Girls 4 x 200m Relay Semis *         | 19. Girls 200m Dash Semis *              |
| 8. Boys 4 x 200m Relay Semis *          | 20. Boys 200m Dash Semis *               |
| 9. Girls 1600m Run Semis (if necessary) | 21. Girls 3200m Run Semis (if necessary) |
| 10. Boys 1600m Run Semis (if necessary) | 22. Boys 3200m Run Semis (if necessary)  |
| 11. Girls 4 x 100m Relay Semis (a) *    | 23. Girls 4 x 400m Relay Semis (c) *     |
| 12. Boys 4 x 100m Relay Semis (b) *     | 24. Boys 4 x 400m Relay Semis (d) *      |

\* Events that qualify the top 8 times to finals (advance by time only)

- (a) The first prelim heat of the girls 4 x 100m relay may begin no earlier than 15 minutes after the beginning of the first prelim heat of the girls 4 x 200m relay.
- (b) The first prelim heat of the boys 4 x 100m relay may begin no earlier than 15 minutes after the beginning of the first prelim heat of the boys 4 x 200m relay.
- (c) The first prelim heat of the girls 4 x 400m relay may begin no earlier than 20 minutes after the beginning of the first prelim heat of the girls 200m dash.
- (d) The first prelim heat of the boys 4 x 400m relay may begin no earlier than 20 minutes after the beginning of the first prelim heat of the boys 200m dash.

**Friday May 22<sup>nd</sup>**  
**Field Events begin @ 4:00 pm**  
**Running Events begin @ 6:00 pm**

**Boys**  
Shot Put  
High Jump

**Girls**  
Discus  
Long Jump  
Pole Vault

- |                           |                            |
|---------------------------|----------------------------|
| 1. Girls 100m 33" Hurdles | 12. Boys 400m Dash         |
| 2. Boys 110m 39" Hurdles  | 13. Girls 300m 30" Hurdles |
| 3. Girls 100m Dash        | 14. Boys 300m 36" Hurdles  |
| 4. Boys 100m Dash         | 15. Girls 800m Run         |
| 5. Girls 4 x 200m Relay   | 16. Boys 800m Run          |
| 6. Boys 4 x 200m Relay    | 17. Girls 200m Dash        |
| 7. Girls 1600m Run        | 18. Boys 200m Dash         |
| 8. Boys 1600m Run         | 19. Girls 3200m Run        |
| 9. Girls 4 x 100m Relay   | 20. Boys 3200m Run         |
| 10. Boys 4 x 100m Relay   | 21. Girls 4 x 400m Relay   |
| 11. Girls 400m Dash       | 22. Boys 4 x 400m Relay    |

All track events except the 800m, 1600m, 3200m runs and the 4x800 relay – the runners shall be assigned to the lanes based upon their seeded position using the following order:

Seed	Lane
1	4
2	5
3	6
4	3
5	2
6	7
7	8
8	1

(4 x 100, 4 x 200, 4 x 400)

- Fastest eight teams qualify to finals

**Flight assignments for field events:**

- All field event flight assignments are random per state regulations